

# Karina

## GLYCOLIC PEEL - 20% 30%

### **DESCRIPTION & BENEFITS**

- This peel is a light weight, gel formula that goes on smoothly and is frequently used for exfoliating treatments.
- It improves skin texture, pigmentation, fine lines and wrinkles as well as helping to control acne.

### **KEY INGREDIENTS:**

- Glycolic Acid: derived from Sugar Care it is an excellent exfoliator and hydrator for all skin types.

### **CONTRAINDICATIONS:**

Redness, flaking or peeling, abrasions, irritated or open skin.

**DIRECTIONS:** *Make sure to complete a Client Profile Card and have client sign the peel consent form*

1. Cleanse and analyze the skin.
2. Prep the skin with Tea Tree Prep (astringent toner)
3. Protect client's lips by applying rescue cream or other occlusive ointment (such as Vaseline)
4. Wear vinyl gloves (latex gloves create a chemical reaction that leads to an unpleasant odor)
5. Place approximately ½ ounce into a small glass, stainless, or silicone bowl. Apply the peel with Q-Tips, small brush or cotton pad cut to ¾" x 1" size. Apply, using long strokes, both vertically and horizontal. Be careful not to put solution in the folds around the mouth or nasolabial area when first applying the AHA/BHA solution.
6. First apply to the more resilient areas of the face.  
Side of the face...Forehead...Cheeks...Nose...Chin...Neck and décolleté (if appropriate).
7. If applying under eyes or around lip line, use Q-Tip that is moist, but not wet. Work **very** carefully.  
Remember, the fumes can cause burning and watering if the client opens their eyes during the application.
8. Leave the solution on the skin for 3 to 5 minutes. The client will experience a tingly or itching sensation.
9. To determine if the client is experiencing anything out of the norm, ask the client, "On a scale of 1 to 5, how does the solution feel on your face with (1) being tingly and (5) intensely burning?"
  - If the client says (5) intensely burning...IMMEDIATELY REMOVE the solution by patting gently with

soft cotton pads that have been moistened in cool water. DO NOT

RUB.

- If excessive redness occurs, neutralize with cool water plus a gentle cleanser or 1 teaspoon baking soda in one cup of cool water. Always use soft cotton pads when removing the product and be very careful not to apply too much friction during the removal process.
10. If the client is comfortable, leave the solution on for 3 to 5 minutes, and then remove the solution by patting off gently with a soft cotton pad that has been moistened in cool water. Rinse thoroughly with cool water.
  11. Apply a soothing mask over the entire face and cover with strips of wet cotton (Mummy Mask). REMEMBER: the more aggressive the peel, the more soothing the mask will be.
  12. Remove the mask and finish by applying a serum, moisturizer and sun protection, if appropriate.

***POST- PEEL:***

- Instruct the client about post-peel home care. Give the client a Post-Peel Care Card.
- Be sure to include an emergency telephone number in case of need.
- Instruct the client not to use ANY AHA/BHA, Retinoic products or abrasive scrubs and avoid sun exposure for at least a week.
- Schedule next treatment.