

# Karina

## MANDELIC PEEL 20%, 25% & 50%

### **DESCRIPTION & BENEFITS**

This Mandelic peel is a lightweight formula that goes on smoothly and is used for exfoliating treatments. Due to its larger molecular weight does not penetrate the skin as deeply as the rest of AHA, which is beneficial for those with sensitive skin also.

- It improves skin texture, pigmentation, fine lines and wrinkles as well as helping to control acne.

### **KEY INGREDIENTS:**

- The Mandelic peel contains the AHA mandelic acid, which is extracted from bitter almonds, and it is an excellent exfoliator and hydrator for all skin types.

### **CONTRAINDICATIONS:**

Redness, flaking or peeling, abrasions, irritated or open skin.

***DIRECTIONS:*** *Make sure to complete a Client Profile Card and have client sign the peel consent form*

1. Cleanse and analyze the skin.
2. Prep the skin with an astringent/ toner)
3. Protect client's lips by applying Repair cream or other occlusive ointment (such as Vaseline)
4. Wear vinyl gloves (latex gloves create a chemical reaction with AHA that leads to an unpleasant odor)
5. Place approximately ½ ounce into a small glass, stainless or silicone bowl.  
Apply the peel with Q-Tips, small brush or cotton pad cut to 1/2" size. Apply using long strokes, both vertically and horizontal (#). Be careful not to put solution in the folds around the mouth or nasolabial area when first applying the AHA solution.
6. First apply to the more resilient areas of the face.  
Sides of the face...Forehead...Cheeks...Nose...Chin...Neck and Décolleté (if appropriate).
7. If applying under eyes or around lip line, use Q-Tip that is moist, but not wet. Work **very** carefully.  
Remember, the fumes can cause burning and watering if the client opens their eyes during the application.
8. Leave the solution on the skin for 3 to 5 minutes. The client will experience a tingling and warming sensation.
9. To determine if the client is experiencing anything out of the norm, ask "On a scale of 1 to 5, how does the solution feel on your face with (1) being tingling and (5) intensely burning?"

- If the client says (5) intensely burning...IMMEDIATELY REMOVE the solution by patting gently with soft cotton pads that have been moistened in cool water. DO NOT RUB.
  - If excessive redness occurs, neutralize with cool water plus a gentle cleanser or 1 teaspoon baking soda in one cup of cool water. Always use soft cotton pads when removing the product and be very careful not to apply too much friction during the removal process.
10. If the client is comfortable, leave the solution on for 3 to 5 minutes, and then remove the solution by patting off gently with a soft cotton pad that has been moistened in cool water. Rinse thoroughly with cool water.
  11. Apply a soothing mask over the entire face and cover with strips of wet cotton (Mummy Mask). REMEMBER: the more aggressive the peel, the more soothing and colder the mask should be.
  12. Removal the mask and finish by applying a serum, moisturizer, and sun protection, if appropriate.
  13. Caution: Keep product away from the eye area.

**POST- PEEL:**

- Instruct the client about post-peel home care. Give the client a Post-Peel Care Card.
- Be sure to include an emergency telephone number in case of need.
- Instruct the client not to use ANY AHA/BHA, Retinoic products or abrasive scrubs and avoid sun exposure for at least a week.
- Schedule next treatment.